

PROFESSIONAL COACH PROFILE

Jan Novák, PCC

Leadership & Executive Coach

A down-to-earth coach who works with a range of clients across industries to help them improve and accelerate their performance and leadership presence, both at an individual and team level. Both senior managers and junior managers come to me for proven solutions in their daily praxis, but most importantly, for adopting these best practices and finding their style to effectively use them in specific conditions of their companies and teams.



Quick overview

Born	1974
Qualification	PCC Certified coach of International Coaching Federation
Why choose me as a coach	My universality in topics, life attitude, communication style, personality traits, and coaching style sharply increases the chance you find your path to success during our conversation. I interconnect a technical, structured world with a world of people, emotions, and intuition.

Coaching

Focus	Individual leadership and executive coaching Team coaching
Sample topics	Leadership development; Development of company culture and relationships Confident communication; crucial dialogues Team / inter-team cooperation, accountability, responsibility Promotion, succession; Change management – successful adaptation to change Effectiveness, priorities, concentration, time management Delegation, giving/receiving feedback; Qualified decision making Self-confidence, self-awareness, strengths, influence Resilience, motivation, burnout, stress, work-life balance Leader's bad habits improvement/elimination; Multiple roles conflict

Testimonials

„We evaluate the coaching very positively - it fulfilled our expectations, in some cases even exceeded it. The coached manager appreciates the coach's open approach and relationship based on mutual trust. From a company-wide perspective, coaching impacted the results in the quality of our products and processes. Regular coaching meetings enabled the manager to make changes in the team that lead to better outcomes for the entire company.“

„In my opinion, Jan is the best coach I've ever met. He can ask questions accurately and aptly, move you forward, and when something doesn't work, he always has some other method that will work for you.“



PROFESSIONAL COACH PROFILE

Education and Praxis

Education	Ing., Czech Technical University in Prague, Faculty of Electrical Engineering, Technical Cybernetics
Praxis	2020 – Certified CoachHub Coach 2020 – at ICF CZ, Vice President 2019 – Sharpist Digital Business Coach 2013 – Independent professional individual and team coach 1996 – 2017 at Ing. JAN NOVÁK s.r.o. CEO, sales representative, IT consultant, company process analyst (multibranch), ERP/DMS implementer, trainer
Professional Skills	Business negotiation, leadership, people and project management Process design, knowledge of business processes and structures Analysis, description of an unknown situations, bringing structure
Coaching Education	Somatic coaching – ICF ACSTH certified training (2012 - 2013)
Professional association membership	ICF (International Coaching Federation)
Coaching certification	ICF PCC, Professional Certified Coach Conversational Intelligence Enhanced Skills Practitioner

Other

Personality type (MBTI)	INTJ (Introversion, Intuition, Thinking, Judgement)
Main personality traits	Calm, purposeful, persistent, emphatic, flexible, curious
Top Strengths (VIA Character Strengths)	Leadership, perseverance, social intelligence, honesty, love, creativity
Strengths in communication (Perry S. Marshall DNA Test)	The rare ratio of flexibility and compatibility with a wide spectrum of people and tasks. Brings a wide perspective. He leads teams well, handles well different types of extreme people. Given that he is able to fulfill the role of mediator, can wear different hats more easily than others.

Contact

+420 603 464 661
kouc@jannovak.cz

Koučování k úspěchu s.r.o.
Velká Hradební 2
400 01 Ústí nad Labem
Czech Republic

Find out more at

www.koucovanikuspechu.cz



Your notes

